



The Arrow Academy Health Office

90 Whippany Rd, Whippany, NJ 07981

Phone: 973-888-2083

Susan Peluso RN

School Nurse

susan@thearrowacademy.org



Good afternoon,

Summer is just about here! We had such an amazing school year and although summer is almost here, the Health Office is preparing for the start of the new school year.

It is now time to update all student health forms. I have attached all necessary forms for grades PreK-4th that are needed by the start of school. Please read through the attachments and complete and return all forms that apply to your child's health. All students will need a completed and updated Universal Health Form.

Only students with asthma, diabetes, allergies causing anaphylactic reactions, &/or students needing medications that are necessary to be given during school hours will need to complete the additional forms. Please also notify the Health Office of any non anaphylactic allergies.

All completed forms may be emailed to me at susan@thearrowacademy.org or dropped off at the main office (call for summer office hours) prior to the start of school.

If your child is in need of medication during school hours please read the Medication Protocol and bring your child's medication to the Health Office on the first day of school. Do Not send any medication in your child's backpack.

You will find 6 separate attachments to this email. Please read through them carefully and complete those that are essential to your child's health.

Attachments:

1. Universal Health form for Pre-K - 4th grade:

- All students will need to have an updated Universal Health Form completed and signed by your child's physician.
- If any vaccinations have been given, please send in an updated immunization record.
- All students age 6 months - 59 months are required by NJ Law to receive the influenza vaccine prior to December 31 of the current school year.
- If your child is not due for a physical at this time, please email the health office to make sure we have a current Universal Health Form on file.

2. Pre-K Influenza & Kindergarten Vaccines

- The Flu vaccine is required every year for children 6 months through 59 months of age
- Flu vaccines are required for PreK by Dec 31 of the current school year as per the NJ Department of Health
- All Kindergarten students are required to have completed the vaccine series for DTaP, MMR, & Polio by age 5
- Please send an updated vaccination record after your child has received this years flu vaccine or kindergarten vaccines
- If you do not vaccinate your child, please complete the attached Exemption Form if you have not done so previously.

3. Medications

- Please complete and return all forms with the labeled medications on the first day of school
- ***DO NOT*** send medication in with your child or in the backpack.
- NO medication can be given without a written doctor's order.

4. Allergy Forms

- Please complete and return all forms
- Please sign & complete ***both sides*** of the F.A.R.E form
- Please fully complete and return Allergy History Form
- Please sign and return the "Permission to Share" form to allow the Health Office to share necessary information with the appropriate staff members. This would consist of only that information deemed necessary to protect the well-being of your child.

5. Asthma Forms

- Please complete and return all forms
- Please complete and return Asthma History Form
- Please sign and return the "Permission to Share" form to allow the Health Office to share necessary information with the appropriate staff members. This would consist of only that information deemed necessary to protect the well-being of your child.

6. Diabetes Forms

- Please complete and return all forms
- Please complete the Diabetes Health Care Plan and return along with the physician's orders for diabetes management in school provided by your child's healthcare provider
- Please sign and return the "Permission to Share" form to allow the Health Office to share necessary information with the appropriate staff members. This would consist of only that information deemed necessary to protect the well-being of your child.

Please contact me with any questions or concerns.

Thank you and have a wonderful summer!

Sincerely,

Susan Peluso RN

The Arrow Academy Health Office

susan@thearrowacademy.org